

All our surf lessons, including group lessons, are aimed at your individual levels. For full information about what to expect on our lessons, please visit our website: www.budesurfingexperience.co.uk Your lesson will last for 2.5 hours and we will provide you with all the equipment that you need, including a wetsuit and a suitable surf board. If you would like to bring your own wetsuit, please ensure it is a long warm wetsuit in order to make sure you can get the most out of your lesson. You will need to have taken part in a lesson with us previously if you want to bring your own board, so we can assess your level. Please make this request directly via email.

Session times may change slightly closer to your chosen dates, to make the most of the changing tides and conditions. If they do, we will notify you as soon as possible via email or phone. Please ensure you are contactable during the days before and the day of your lesson.

Please Note:

- Participants must be able to swim 50m.
- Children must be at least 8 years old, unless accompanied by a NON-SURFING adult (we will provide a wetsuit for this adult free of charge)
- Parents/Guardians not participating in lessons attended by their children are required to provide an emergency contact number which they MUST be contactable on for the duration of the lesson.

Meeting Instructions

Please arrive 5 minutes before your surf lesson with everything you need for the lesson (see below). We provide plastic containers for you to store your personal belongings AT YOUR OWN RISK.

We are situated at the far right-hand end of Summerleaze Beach Car Park by the beach entrance, so recommend you park in 'Summerleaze Beach Long Stay car park' - enter this into your SAT nav because the nearest postcode EX23 8HN doesn't direct you to us exactly (pay and display - Just Park app can be used).

Terms & Conditions

Full booking terms and conditions can be found on our website.

What do you bring to the lesson?

- Swimwear
- Towel
- Sunscreen
- Suitable warm clothing for afterwards
- Any relevant medication you may need (e.g. inhaler)

We look forward to seeing you soon!

Kind Regards,

Bude Surfing Experience